



States of Guernsey
Education Services

Support Agencies



**A list of useful contact details and descriptions of the
PSHCE Support Agencies available to Bailiwick Schools**

January 2022



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Welcome to the PSHCE Support Agencies diary for 2022. This diary contains a list of useful contact details and descriptions of the agencies available to support Bailiwick Schools in the delivery of their PSHCE programmes.

Please contact the relevant Support Agency direct, if you would like to make a booking.

If you would like any information on the planning, delivery and assessment of PSHCE in schools (including resources) please do not hesitate to contact me.



I also oversee the Guernsey Healthy Schools programme, the Early Years Healthy Schools programme, INTENT (smoking education programme for Years 7 – 9) and the Youth Health Champions course for Year 9 / 10 students. Please contact me for further details on any of these initiatives.

Amanda Evans

PSHCE Adviser

Education Services

States of Guernsey

amanda.evans@gov.gg

Mobile: 07839 102402



PSHE
Association

Alcohol Awareness PSHE Education Programme



To book lessons please contact

Drugs, Alcohol and Tobacco Outreach Practitioner at Action For Children

01481 700218

Guernsey@actionforchildren.org.uk

At Action For Children we believe schools are an important location to provide up to date and engaging alcohol awareness programmes to students aged between 9 to 16 years.

Alcohol Awareness sessions are filled with activities, discussion, feedback, worksheets and presentations to enable children and young people to engage and learn the facts about alcohol, short and long term effects and accumulate more knowledge around alcohol to enable them to make informed decisions with confidence.

Action For Children provide 2 dedicated and experienced Drugs, Alcohol and Tobacco Practitioners to carry out Alcohol Awareness Education Programmes for Key Stage 2, 3 and 4 within each school in Guernsey.

Our Education Programme

Primary School

Year 5

- Describe how alcohol is different from soft drinks
- Describe in simple terms how alcohol can affect and damage the body/health
- Understand that alcohol is measured in units and that there are recommended limits for men and women
- Explain why alcohol may affect different people differently
- Know the law with respect to young people and alcohol

Year 6

- What the short term and long term effects of drinking alcohol are
- Units-What they are and what guidelines are
- Decision making skills about the use of alcohol and refusal skills

Secondary School

Year 8

Lesson 1

- Identify where we get our information from and whether it's reliable.
- Consider why it is illegal to buy alcohol under 18.
- Demonstrate an understanding of why different people might choose to drink or not drink alcohol.

Lesson 2

- Demonstrate an understanding that similar drinks contain different concentrations of alcohol.
- Consider how long it takes our bodies to breakdown alcohol.
- Understand the government guidelines for adults and why alcohol is illegal for under 18's.

Lesson 3

- Identify how alcohol effects the body in the short term.
- Identify how alcohol effects the body in the long term.
- Examine the way in which one person's alcohol use can affect those around them, in both the short and the long term.

Lesson 4

- Identify risky situations.
- Explore harm reduction approaches as rehearsal strategies for social situation when students get older.
- Examine the way in which increased alcohol means increased risk.

Year 9: Follow Up

- Identify potentially risk filled situation
- Consider ways in which to defuse or avoid volatile situations
- Consider and evaluate the impact of alcohol use on personal safety, road safety, relationships, work-place safety, legal safety, reputation and career

Drugs Awareness PSHE Education Programme

'Good alcohol and drug education develops pupils' knowledge, skills attitudes and values to enable them to live safely in our society' (MentorADEPIS:2018)

At Action For Children we believe schools and colleges are an important point of access to provide up to date, factual and relative information in regards to our drugs awareness programmes to students aged between 9 to 18 years.

Drugs Awareness sessions are filled with age appropriate activities, discussion, feedback, worksheets and presentations to enable children and young people to engage and learn the facts about legal and illegal drugs, the risk factors and side effects and also the laws and legislation in regards to possession and selling of drugs.

Using interactive methods we support students in developing a body of personal and social skills with an emphasis on individual perceptions of drugs and drug related situations.

Action For Children provide 2 dedicated and experienced Drugs, Alcohol and Tobacco Practitioners to carry out Drugs Awareness Education Sessions for Key Stage 2, 3, 4 and 5 within each school/college in Guernsey.

Our Education Programme

Primary School

Year 6

- Learn about the different types of medicine and drugs
- What effects they can have on you
- And how to stay safe around medicines and drugs

Secondary School

Year 7

- To know about a range of legal and illegal drugs
- To have some understanding of the effects and risks of illegal drugs

Year 8

- Know basic information about the appearance, effects and risks of illegal drugs.
- Identify the level of risk for a range of drug-related situations.
- Know that the effects from drugs depend on a range of factors.

Year 9

- Be able to express personal views about cannabis.
- Understand why other people may have different views about cannabis usage.
- Know what effects cannabis has on a teenage brain.

Year 10

- Explore perceptions of risk
- Discuss risks and consequences and how to reduce risk and minimise harm in relation to drug use.
- Consider impacts of personal choice in relation to drugs and drug use in relation to personal safety, future career and relationships.
- Explore and consider how to responsibly maintain and monitor own health and safety
- Identify where to access reliable sources of information in relation to drugs and drug use.

Year 11

- Examine the risks around drugs and how they impact us and our society.
- Consider our attitudes towards drugs
- Consider the laws surrounding drugs and how they impact us and the world we live in.

Year 12

- Consider ways to take responsibility for monitoring their own health and wellbeing in regards to drugs
- Discuss risks and consequences in regards to drugs, explore ways to reduce risk and minimise harm.
- Consider ways to assess and manage risks in regards to drugs and where to access the most appropriate support for themselves and others
- Discuss the impact of long term drugs use in relations to immediate and long term health.
- Acknowledge that drug use can affect decision making and personal safety
- Consider and evaluate the impact of drug use on personal safety, road safety, relationships, work-place safety, legal safety, reputation and career

Tobacco PSHE Education Programme

We support students to develop strategies to manage a range of influences and to create “if–then” plans.

Our Tobacco Programme is delivered to pupils in years 7-9. We deliver 2 x 45-60 minute sessions approximately 6 months apart, in Years 7, 8 & 9, covering a range of smoking related topics and resilience strategies.

Year 7

- Explain the purpose of the programme
- Explore ingredients in a cigarette and their effects
- Identify and explore myths around smoking
- Help build personal resilience to stay smoke free

Year 8

- Learn new information concerning a range of smoking-related topics
- Reasons to smoke/not smoke
- Health effects of smoking
- Help build personal resilience to stay smoke free

Year 9

- Learn about the role of motivation – in particular what motivates people not to smoke
- The 3 secrets of motivation
- Goals for the future
- Help build personal resilience to stay smoke free

To book lessons please contact

Drugs, Alcohol and Tobacco Outreach Practitioner at Action For Children

01481 700218

Guernsey@actionforchildren.org.uk

LifeSkills at a glance

At barclayslifeskills.com educators can access a wealth of free resources and curriculum linked lesson plans and parents can find a range of tools and tips to help young people develop the skills they need for the workplace. Young people can also work through a wide variety of interactive resources independently.

Identify 21st century skills



Build a strong CV



Interview advice



Work experience tips



Develop digital skills



Get money savvy



Interactive challenges



Useful guides



Curriculum linked lesson plans



Dedicated parents resources



Work experience portal

Lifeskills is aimed at 11-19 year olds and includes support on People Skills, Money Skills and Work Skills. The programme is designed to give young people access to the advice, support and opportunities they need to get ready for the world of work. It aims to improve their employment prospects through education resources, online content, workshops and work experience. Access to all LifeSkills resources is free and available to all, please visit <https://barclayslifeskills.com/> for lesson plans, worksheets and more.

Barclays volunteers are happy to run lessons with a particular focus on CV Workshops, Work Experience preparation and Interview Skills.

For further information on Barclays LifeSkills please contact:

emma.isabelle@barclays.com

LEARN to SAVE a LIFE

Community Resuscitation Development Officer



PAD site Awareness, CPR and AED familiarisation session

Cardiac Arrest is the ultimate medical emergency, it can strike a seemingly healthy person of any age, at anytime and anywhere. Bystanders who witness an out of hospital cardiac arrest are key to providing early access cardiopulmonary resuscitation (CPR) and defibrillation. Time between onset of cardiac arrest and provision of care is critical, survival rates fall by 10% with every minute that passes without defibrillation; so early intervention is crucial.

The Cardiac Action Group and Community Resuscitation Development Officer (CRDO) have been working with Health and Social Care to help develop the present Flagship work between the States of Guernsey and the 'Third Sector' offering CPR and defibrillation training to our Community.

High Schools Support- PSHCE : year 9 sessions

The CRDO delivers 50 – minute sessions in CPR and Defibrillation as well as how to gain access to the Public Access Defibrillator cabinet by ringing 999.

Year 9 and College of Further Education Students will have an interactive practical session using a manikin and defibrillator to simulate a real situation.

For further information or to book your session please contact info@cag.org.gg or 07781129539



Careers Guernsey

Careers Guernsey, Route des Coutanchez, St. Peter Port GY1 2TT

Tel: 01481 226565 careersguernsey@gov.gg

Website: www.careers.gg

Open: Monday-Friday, 8.30am-5.00pm (Including school holidays)

The Careers Service is an all-age service known as Careers Guernsey, operating within the States of Guernsey. The services are available to everybody in the Bailiwick of Guernsey free of charge and provided in an impartial and confidential way.

The aims of Careers Guernsey are to:

- Raise aspirations
- Raise awareness of the labour market
- Improve self-awareness
- Support progression and sustainable destinations
- Develop effective lifelong career management skills

Careers Guernsey Delivery in Schools/Post-16 and other Partnerships

Each School/Post-16 provider has a Partnership Agreement with Careers Guernsey to support them. A professionally trained Careers Adviser is linked to each School/Post-16. We work in partnership with schools/Post-16 and other organisations to provide a planned careers support programme to meet the needs of individuals. This can include (subject to resources):

Primary Year 6

The Primary project involves 2 hour long lessons with Year 6 pupils focusing on aspirations, expectations, skills and attitudes. The sessions include fun and engaging activities including Superhero Me, No such thing as boys or girls jobs, Skills for work and my future, Jobs where I live and Mystery Guests to give students an insight into different careers on Guernsey.

Years 9 & 10

Careers support is provided to students through their Careers Education lessons at school. This helps them with choices and awareness of options as well as understanding more about their skills. Initiatives such as Raising Aspirations events can also be delivered.

Year 11

Careers advice and guidance is through individual interviews or through group work sessions about options and how to make choices about their careers. An action plan is agreed between the student and Careers Adviser about the best way forward. The guidance is student-centred and impartial which is important for the student so that they take part in the decision-making process that is realistic and appropriate to their plans and ideas.

Post-16

Careers advice and guidance is also available to students who have decided to continue in post-16 education either as one to one interviews or groupwork sessions. Initiatives such as Raising Aspirations events can also be delivered.

Parents/Carers

Careers Advisers usually attend parent's/carers evenings for Year 9, Year 11 and Post-16 students to ensure parents are up to date with their son/daughter's options and choices. A parents/carers guide about options after Yr 11 is also produced by Careers Guernsey each year and available on www.careers.gg

Website www.careers.gg

Provides information for students, parents, teachers and employers about choices at 16 and 18, work experience, job vacancies, qualifications and much more.

If staff in school feel they need to update themselves about the options available for students they can contact the Careers Adviser for their school. **Miles Davies** is the Careers Adviser working in schools and post-16 miles.davies@gov.gg Tel: 01481 226565.

Young people can self-refer to see a Careers Adviser whenever they want to, including school holidays. Parents/carers are also welcome to come along.

Teachers can also refer a student for impartial careers advice and guidance by contacting **Miles Davies**; miles.davies@gov.gg Tel: 01481 226565 or liaise with the Careers Teacher in your school about a referral to a Careers Adviser.



Guernsey Work Experience and Work Related Learning

Work experience and work related learning is an important part of learning for Guernsey students and we are grateful for the support from Guernsey's employers.

GWEx supports schools with placements for work experience and organises work related learning programmes to help broaden students understanding of the world of work. Each school runs their work experience and work related learning at different times of the year focused on Year 10's with some Year 11's taking part in work experience to support their destinations.

Student and employer feedback forms help us ensure standards for work experience are met and the work related learning programmes are effective. For further information on work experience and work related learning in your school, please speak to the careers teacher at your school or contact the Guernsey Work Experience office. Further information about work experience and work related learning is available on www.careers.gg and by contacting the Employability team on Tel: 01481 226565 michele.clark@gov.gg Grace.Drummond@gov.gg or Sharon.mccarthy@gov.gg

Other Services we provide

Agency Liaison including School Attendance Service, Education Psychology Service, Youth Justice, Health and Social Care, Youth Commission and Action for Children.

Advisory Support

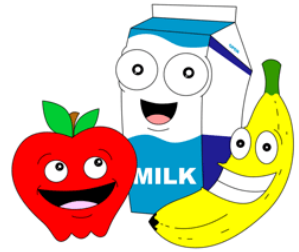
Providing advice to help support policy and strategy that will impact on an individual's career planning and development.

Labour Market Information

Collating, analysing and reporting the annual school leaver and graduate destinations to provide an accurate picture of education, employment and training opportunities and trends.



Children's Dental Service



The Children's Dental Service is situated at the Princess Elizabeth Hospital. We provide dental care for children attending special needs schools and The Base Units, looked after children and children whose parents are in receipt of Income Support. Children with specific medical needs can also access the Service through referral by medical and health care professionals. Private dentists can also refer children up to their 12th Birthday with dental decay or poor dental health. Dentists from the Children's Dental Service visit the schools annually to check the teeth of the children in Reception and Year 6.

The Department is open Mon – Fri 8.00am – 12.00pm & 1.15pm – 4.15pm.

An important aim of our service is to promote good oral health care to the children of Guernsey, through school visits and talks. We also offer the opportunity for classes to visit the department for talks and familiarisation of the dental surgery.

Tooth brushing, preventative treatments and diet advice is provided for the children who are referred to our Oral Health Nurse within the department.

Helen Long, our Oral Health Nurse, offers talks to Reception and Year 3 in the schools and other groups on request.

Topics covered

- Visiting the dentist
- Diet for your teeth
- Toothbrushing

Each class would need to allow about 45 minutes per session.



If you would like to make a booking please telephone **Helen** at the Children's Dental Service on **227427** or email on helen.long@gov.gg



Creating a dementia-friendly generation and learning more about Dementia (KS2, 3 &4)

Dementia Friendly Guernsey delivers age related, interactive lessons which contribute towards aims of the PSHE curriculum.

Dementia Friendly Guernsey is a partnership of charities, organisations and professionals working together to raise awareness in the community and to make Guernsey a friendlier environment for those living with dementia, their families and carers.

Dementia Friendly Guernsey delivers the Alzheimer's Society's Dementia Friends programme which is the biggest ever initiative to change people's perceptions of dementia. It aims to transform the way the Guernsey thinks, talks and acts about the condition. There are 1200 people who live with Dementia in Guernsey.

The key stage 2, 3 and 4 interactive lessons enable pupils to gain knowledge and understanding relevant to PSHE learning, for example active citizenship, developing good relationships and respecting differences between people. It shows how the brain controls everything that we do and gives five key messages to help understand how dementia can affect someone they know, a family member, family friend or someone they meet in the street. All generations can be affected by dementia, not only the person living with the condition. They show how everyday tasks may be more difficult for those living with dementia and turns their understanding into action. Each pupil will receive a badge and an opportunity to become a Dementia Friend.

Dementia Friends Information Sessions are delivered by trained volunteers, experienced in working with young people and are called Dementia Friends Champions.

For further information or to book a session contact Julie Bulpitt (263132) or email info@dementiafriendly.org.gg
www.dementiafriendly.org.gg/

The Fire Safety Team

Supporting education for the future

The Guernsey Fire and Rescue Service is committed to giving advice to its community, young or old. Our dedication towards supporting the development of our “Future Generation” is an area of great importance to us.

Our regular lessons are as follows:

Primary

Reception – FF Bernie

Year 2 – Fire Engine Visit

Year 5 – Smoke House

Year 6 – Safety Calling Challenge (Video)



All lessons have been designed to satisfy the relevant PSHE requirements and are delivered by a member of our Fire Safety Team to ensure the Key Messages are given to support pupil development and understanding within this specialised area.



If you require any further information please do not hesitate to contact our Fire Safety Team on 221111 or email Lynda Gray, Fire Safety Officer on Lynda.gray@gov.gg



BAILIWICK OF GUERNSEY LAW ENFORCEMENT

The Neighbourhood Policing Team (NPT) is made up of a small group of specialist officers who work within the community. A fundamental part of strengthening our links within the community involves us working closely with school aged children and the other agencies supporting them. Officers from the Neighbourhood Policing Team regularly visit the island's Primary and Secondary schools and Colleges to deliver lessons as part of the PSHE and Citizenship programme.

The lessons are designed to give children and young people an opportunity to consider the consequences of their actions and to allow them to discuss issues in a safe learning environment with police officers. It also allows officers an opportunity to get to know the children on their beat areas in a safe, non-confrontational situation.

Roads Policing Unit officers are also involved with the '**Licensed to Kill**' initiative for Year 11 students. Officers also attend assemblies to share information on specific issues, problems or concerns schools may have.

Primary School lessons:

Reception – "Hello, I'm a Police Officer"	20 minutes, meet their NPT officer, understand they are friendly, learn about calling 999, simple Q & A session
Year 2 – Basic Road Safety	30 minutes, basic road safety rules, safe place to cross, dangers on a road, importance of being seen/visible
Year 5 – Street Crime, who is affected?	50 minutes, meaning of street crime, how it feels to be a victim, thoughts about witnessing street crime

Secondary School lessons:

Year 8 – Anti Social Behaviour OR Cyberbullying (Year 7 OR Year 8)	50 minutes, understand what anti-social behaviour is, how ASB affects others, how their actions can be perceived differently by others OR what cyber bullying is, how it can affect them and what the law is around cyberbullying
Year 9 – Scooter Safety	50 minutes, road and scooter safety delivered by traffic officer Andy Bell Andrew.Bell@guernsey.pnn.police.uk

To book a session contact Neighbourhood Policing Team, email NPT@guernsey.pnn.police.uk or telephone 222222 ext 2464



Data protection = People protection!



The purpose of data protection isn't just protecting data but safeguarding the rights and freedoms of the person at the heart of that data. It's about fairness and ensuring the use of data doesn't negatively impact someone's life and wellbeing.

At the ODPA we see enabling and empowering young people to protect their own privacy and data as vital in ensuring they thrive as digital citizens in the connected society in which we now live.



Educating young people to understand data protection risks, rules, rights and safeguards is at the heart of the ODPA's commitment and obligations under the Law to promote public awareness of data protection.

We aim to enable young people to operate safely in the online world. To share their knowledge and understanding with their families and friends, reducing the potential harms they face and to be able to enjoy the opportunities that technology offers.



We hope to instil an understanding of the value and sanctity of personal data in young people; so that if they later work with personal data in some way, which is likely, they understand the importance of using it properly, safely and most importantly, ethically.

Outreach Officer Kirsty Bougourd can offer sessions of around 45-50 minutes (depending on the school lesson times) to students in Year 6 and Year 8 and for Post 16.

Sessions include group activities and discussions and are tailored to the year group. There will be additional materials to take home and games are available for follow-up sessions with the class teacher.

Year 6	Year 8 similar to Y6 but also including	Post-16 similar to Y10 but also including
<ul style="list-style-type: none">• What is Personal Data?• Types and categories of personal data with examples.• Sharing personal information.• Introduction to harms.	<ul style="list-style-type: none">• Introduction to special category data.• Identification of risks to data in different situations.• How their personal data should be looked after.	<ul style="list-style-type: none">• What personal data do they share? Regularly or occasionally etc.• When we need to share personal data. To whom and what kind of data.• Introduction to the Law.

Please get in touch if you would prefer something less formal as we are happy to come along to enrichment, open days or extracurricular events. We could also talk to staff or groups of parents etc.

Please email or call Kirsty to discuss what might be appropriate.

To book please contact Kirsty Bougourd at the Office of the Data Protection Authority www.odpa.gg

Tel. 742 074

Email communications@odpa.gg



Safe and Secure Online - Internet Safety for Upper KS2

<https://www.isc2cares.org/safe-and-secure/>

The Safe and Secure Online (SSO) program was introduced in 2006 in conjunction with Childnet International. It brings information security experts into classrooms to help children learn how to protect themselves online and become responsible digital citizens.

Matthew Parker, local volunteer for the program, is taking this presentation to Year 6 classes around the island.

To book a session for Year 6 please email Matthew.Parker@mourant.com

The public health (school) nursing service is a small team based at Lukis House, committed to promoting and maintaining the health of the school age population. We provide a link between school, community and home where required and work to prevent ill health and promote healthy development.

Referrals are accepted from parents/carers, schools and other professionals via the Public health (school) nursing service referral pathway available at <https://www.gov.gg/schoolnurses>.

Email: schoolnurses@gov.gg

SHARE

(Sexual Health and Relationship Educators)

A team of 1 Nurse & 1 Teacher qualified to teach PSHE

Supported by an experienced Office Manager

We support and deliver Relationship and Sex Education (RSE) to students in the Bailiwick schools from Year 5 to Year 12.

The service aims to ensure that every student within the local education system receives a programme of Relationship and Sex Education. This will provide the necessary skills, attitudes and knowledge to make healthy, safe informed decisions in relation to their sexual health.

SHARE has a well-equipped centre with resources available to loan to parents, students, teachers and other professionals.

We also deliver INSET training for teachers, nurses, youth workers and other professionals and can provide bespoke RSE workshops for parents and students.

SHARE can provide presentations and displays at various parent evenings and other events.

Les Ozouets Campus, St Peter Port, Guernsey, GY1 2UB

Telephone: 224072 email: share@gov.gg

Website: education.gov.gg/SHARE



@SHAREnurses



St John

Emergency Ambulance Service

The St John Schools' Liaison Group comprises of approximately 10 Emergency Medical Technicians and Paramedics and is overseen by the Services' Schools Liaison Officer. The aims of the group are to promote the Ambulance Service to Primary School children (Reception, Year 1 or Year 2) in a positive manner, and in doing so, hopefully overcome any fears of travelling in an ambulance or being treated by ambulance staff.

During the Primary School session the pupils will have the opportunity to look inside an ambulance with a brief explanation of the equipment carried and what it is used for. The children will be able to touch and hold the equipment as appropriate, as being familiar with our equipment and how it is used will help to make them more relaxed if they should ever need an ambulance journey.

Pupils will also have the opportunity to make a '999' call on a specially adapted phone, and experience the type of questions they may be asked in an emergency situation, by a call taker at the Joint Emergency Services Control Centre. There will also be an opportunity for some role play as we have some children's green paramedic overalls and paramedic kit bags (equipped with bandages, plasters and pretend thermometers, blood pressure cuffs, etc.) which the children can play with, as well as two go-karts that have been fitted with working blue lights and sirens.

Our aim is not to teach first aid to primary aged children, this is carried out by St John training services in Year 5, but to help them become more familiar with the Ambulance Service and our role within the community.



For more information or to book either a Primary School session, please contact the Schools' Liaison Officer for St John by email: Sonia.guille@stjohn.gg

Our Website address is: www.stjohn.gg

****Please note: all visits will be subject to operational demand.***

St John Training Guernsey Student First Aid Programme

St John Training Guernsey has combined the expertise of the St John Emergency Ambulance Service with the experience of St John Guernsey to give you the Bailiwick's leading First Aid provider.

At St John Training Guernsey we believe that every young person should have the chance to learn first aid. It should be as much a part of growing up as learning the alphabet. Learning first aid not only provides young people with important life-saving skills, but it also helps to build self-esteem and confidence. In addition to practical skills, students learn a sense of responsibility, teamwork and communication skills, how to make good choices and more importantly, how to help others.

Our Student First Aid Programme, delivered by our dedicated School's First Aid Trainers, Susie Gallienne and Lorna Higgins-Bare, provides First Aid instruction for every student in School Years 5, 7 and 8. The schools programme is regularly updated to make it more age appropriate and relevant to students' increasing independence and the changing world we live in.

SCHOOLS TRAINERS	Susie Gallienne and Lorna Higgins-Bare
DATE	By arrangement
TIME/TARGET GROUP	45 minutes to 1 hour sessions per class (School Years 5, 7 & 8)
VENUE	In the school setting
COURSE FOCUS	YEAR 5 – First Aid Kits, Primary Surveys, the Recovery Position and how to make an Emergency Telephone Call YEAR 7 – Identifying Symptoms and Treating - Burns and Scalds, Bleeding, Choking, and Medical Shock YEAR 8 – Identifying Symptoms and Treating - Fainting, Seizures, Nosebleeds, Stings and Bites, Common Poisons, Bone and Muscle injuries
CONTACT	Info @firstaidtraining.gg



Our courses are designed to be flexible to meet all learning styles and can be tailored to all student ages. If you have a specific need or wish to cover a particular medical topic, do not hesitate to contact us and we will design a course to meet your requirements.

For details of all of our First Aid and Health & Safety courses, and information on the training schemes that we offer, please contact:

01481 247979
info@firstaidtraining.gg
www.stjohn.gg





Youth Commission for Guernsey and Alderney

The Youth Commission for Guernsey and Alderney (Youth Commission) is an independent local charity responsible for the delivery of youth work in the Bailiwick. We provide children and young people aged 4 - 25 with seamless access to a range of universal and specialist services ensuring they can take part in activities or get the tailored support that is most relevant to their individual needs. Our offer to schools sits within our learning service and focusses on PSHCE lessons as detailed below:

PSHCE Lessons

We offer the following PSHCE lessons to schools:

Child Sexual Exploitation

We offer Child Sexual Exploitation and Grooming lessons to Year 9 students across the Island. The lesson is based on the Barnardo's Child Sexual Exploitation education resource, 'Real Love Rocks'. The lesson uses a mixture of videos, activities, and discussions to explore the definition of Child Sexual Exploitation and Grooming, the warning signs to look out for and who students can talk to if they are worried about anything. The main objectives of all *Year 9 lessons* are to identify what Child Sexual Exploitation is, to recognise what Grooming is and where to seek advice and support from.

Domestic Abuse

Our main aim is to challenge social norms for young people around Domestic Abuse. Our sessions develop young people's understanding of Domestic Abuse and that it can happen to anyone, anywhere. We teach young people the signs and how they can access support and advice on the Island. We show young people how domestic abuse affects the local community, supporting sessions with local and national statistics, and collaborating closely with Safer.

Year 7: Identifying healthy and unhealthy behaviours in all friendships and relationships

Year 8: The types of domestic abuse and the early indicators of abuse

Year 9: Consent and decisions being respected in all healthy relationships

Year 10: The different types of coercive control and how to safely challenge abusive behaviours

Year 11: Identifying the healthy, unhealthy, and abusive behaviours in an intimate relationship and looking at locally advised Safety Planning

Year 12: Identifying the warning signs and types of abuse (digital, emotional and harassment) in an intimate relationship and the impact abuse has on victims

Year 13: Identify how specific groups within society are affected by domestic abuse and to recognise the barriers Guernsey's local community may face.

LGBTQ+

We deliver PSHCE lessons to students from Year 7-11 on diverse relationships, sexuality, and gender identity. Staff discuss same sex families, LGBTQ+ terminology as well as the diverse range of sexuality and gender identities that exist. We also work with pupils and schools to help tackle homophobic, transphobic, and bi-phobic bullying.

Year 7: Diverse relationships and families

Year 9: Diverse identities

Year 11: Diversity, LGBTQ+ history, gender, and sexuality.

Duke of Edinburgh's Award

The DofE programme is aimed at student's year 9 and above at one of three progressive levels, Bronze, Silver or Gold Duke of Edinburgh's Award. There are four sections to complete at Bronze and Silver level and five sections at Gold. They involve helping the community/environment, becoming fitter, developing new skills, planning, training for and completing an expedition. Any young person can do their DofE – regardless of ability, gender, background, or location. Achieving an Award is not a competition or about being first. It is all about setting personal challenges and pushing personal boundaries.

Through a DofE programme young people have fun, make friends, improve their self-esteem, and build confidence. They gain essential skills and attributes for work and life such as resilience, problem-solving, team-working, communication and drive, enhancing CVs and university and job applications. As the licence holder for the Award, the Youth Commission supports state run secondary schools to deliver the award to students in their schools.

Contact us

The Youth Commission provides a wide range of services in schools and provides support for all young people across the Bailiwick. For more information, or to book sessions, please get in contact directly with your Zone Managers:

Zone HUB responsible for bookings at La Mare High, Grammar School and Ladies' College:
Please contact info@youthcommission.gg for all enquiries.

Zone LOC responsible for bookings at Les Beaucamps High, Blanchelande School, Les Voies, College of Further Education and St Anne's in Alderney. Please contact info@youthcommission.gg for all enquiries.

Zone North responsible for bookings at St Sampson's High, Le Murier and Elizabeth College.
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Telephone: 01481 226099 (LOC) and 01481 724421 (HUB) 01481 242555 (North)

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