



St. Anne's School
ALDERNEY

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Newtown

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Headteacher: Mr M A Winward

16 May, 2022

Dear Parents,

Re Sea Swimming

Year 1 & 2 will be having their swimming lesson on Monday afternoon in the sea at Braye Beach. We intend to do this once a week until the end of the term, weather permitting.

1. The children will be closely supervised by a minimum of two staff who have the following qualification to Level 3: National Water Safety Management Programme. They have been trained and assessed according to the Royal Life Saving Society award and standards.
2. The children will be changing at school; however, they will need to have a shower/bath at home after school.
3. These are swimming lessons, not "play in the sea" sessions. The children will be required to swim according to set instructions.
4. Excellent behaviour will be expected from all children. Those who do not follow exact instructions will be asked to leave the sea immediately and may be sent back to school with a teaching assistant, after which they will be disciplined according to the school behaviour policy.
5. Sea swimming equipment will be taken including a full first aid kit, group survival kit and beach flags.
6. A full Generic Site risk assessment and Dynamic Site risk assessment will be undertaken and recorded according to the Guernsey Education Department regulations for sea swimming. A Normal Operating Procedures and Emergency Action Plan are in place.
7. The weather forecast will be assessed before each session and the swimming will be cancelled or shortened if the weather or sea state are unsuitable, or the air temperature or sea temperature is too low, or if jelly-fish or excessive seaweed are present.
8. Children who do not come to school with the completed form, will not go swimming and will remain in school, with work to do in another class.
9. This activity is part of the school's PE curriculum and as such students will be expected to participate unless they are unfit to do so. In this case a letter from

a parent is expected as with all PE lessons. This is recorded and may be followed up with contact from school.

10. In line with the new Guernsey Sun Safe Policy:- If it is a sunny day, please ensure children apply sunscreen before they leave home. Also please provide your child with a small personal bottle of suncream and a lip balm with sunscreen to be reapplied after swimming. Please discuss the importance of not sharing such products due to allergies.
11. Pupils must be prepared and have their PE kits in school in case they are unable to swim.

Kit list

Big towel

Swimming costume (one piece - not a bikini)

Personal bottle of suncream clearly labelled with the student's name.

Wet suit – this is not compulsory but strongly advised!

Suitable footwear to walk to the beach and to wear in the sea, to protect from weever fish and sharp rocks. Flip flops, Crocs or sandals which come off easily are not appropriate.

Goggles are allowed if the child can take responsibility for putting them on (they are not required). Nose clips are not allowed.

Swimming caps must be worn for greater visibility but these will be provided by school.

Please could you complete the attached permission form. This form will cover for all sea swimming lessons between WB 6th June to WB 11th July. Please contact me if you have any further questions or concerns about this activity.

Yours sincerely

Angela Etheredge

Swimming Co-ordinator

