

PE Key Stage 3- Curriculum Map

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
<p>KEY TOPIC</p> <p>YEAR 7</p>	<p>Sea Swimming Develop previously learnt skills. Learn new survive and save skills. Develop the three main strokes. Learn how to survive and save in the water</p> <p>Football Embedding skills and tactics around passing, shooting, dribbling. Develop an understanding of the rules and regulations.</p>	<p>Basketball Apply core skills within a game consistently and show an understanding of tactics used with Basketball.</p> <p>Netball Introducing the rules and tactics in netball. Develop an understanding of the positions, attacking and defending. Develop a good understanding of passing and shooting,</p>	<p>Hockey Embedding attacking and defending strategies within a game context.</p> <p>Gymnastics Enhancing Gymnastics skills, whilst increasing ability to apply coaching points and provide feedback on techniques.</p>	<p>Handball Embedding core skills such as passing, shooting and catching consistently</p> <p>Football Embed the skills learnt in Year 6, whilst introducing the importance of tactics and formations.</p>	<p>Tennis Embedding various forehand & backhand strokes, whilst incorporating tactics to the game of Tennis.</p> <p>Athletics Develop the technique required for each event and be able to breakdown each technique, apply coaching points and offer feedback to peers.</p>	<p>Rounders Developing bowling, batting, fielding, positioning and tactical play</p> <p>Cricket Embed batting, bowling, fielding and applying tactics within the game.</p>

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
YEAR 8	<p>Football Embed the skills learnt in Year 7 and introducing officiating as the main theme of the unit.</p> <p>Become more competent, confident and expert in their techniques, and apply in an opposed setting.</p>	<p>Basketball Apply core skills within a game consistently and show an understanding of tactics used with Basketball.</p> <p>Netball Reinforce the techniques around shooting, passing, attacking and defending. Develop an understanding around the importance of communication and leadership.</p>	<p>Gymnastics Apply creativity whilst using apparatus to create aesthetically pleasing routines.</p>	<p>Futsal Use football skills to be more creative on the ball. Learn more of the game Futsal.</p> <p>Cycling Take part in competitive cycling where you can develop your balance and power to compete against others.</p>	<p>Tennis Embed various forehand & backhand strokes, whilst incorporating tactics to the game of Tennis.</p> <p>Athletics Embed the techniques required for each event and be able to breakdown each technique, apply coaching points and offer feedback to peers.</p>	<p>Rounders Embed bowling, batting, fielding, positioning and tactical play.</p> <p>Cricket Embed batting, bowling, fielding and applying tactics within the game.</p>

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
YEAR 9	<p>Swimming Master techniques whilst embedding survive and save from previous years.</p>	<p>Basketball Apply core skills within a game consistently and show an understanding of tactics used with Basketball.</p>	<p>Hockey Your lessons will look at embedding attacking and defending strategies within a game context.</p>	<p>Parkour Enhance <i>Gymnastics</i> skills, using these to creative movement patterns over obstacles.</p>	<p>Athletics Embed the technique required for each event and be able to breakdown each technique, apply coaching points and offer feedback to peers.</p>	<p>Softball Enhance striking and fielding skills whilst developing knowledge and understanding of Softball.</p>
	<p>Football Using the skills learnt in year 8 in more pressured situations.</p>	<p>Netball Embed core skills such as passing, shooting and catching consistently within a game context.</p>	<p>Leadership Undertake the Sports Leaders UK Level 2 award.</p>	<p>Football Embed the skills learnt in Year 8, whilst analysing performance in a weekly report.</p>	<p>Rounders Embed bowling, batting, fielding, positioning and tactical play.</p>	<p>Cricket Embed batting, bowling, fielding and applying tactics within the game.</p>
	<p>Develop a greater understanding of how to use tactics and different formations to enhance performance.</p>	<p>Students will learn different tactical problems that can arise during the game and how to respond appropriately.</p>				

Golden Threads:

- Experience, and understand the social benefits of physical activities and be able to identify the ones they enjoy
- Experience roles and responsibilities including player; performer; leadership; coaching; officiating; choreographer
- Understand impact of stereotyping and discrimination within sport and how these can have long term effects on selves and others
- Organise, play and perform a variety of sports whilst keeping selves and others safe
- Acquire water confidence
- Understand and demonstrate positive sporting value; team work; etiquette; sportsmanship; fair play etc
- Understand and develop physical literacy